

Equinox Greetings,

Oh man, *Shit Is Fucked*. At least that's how it feels after watching the news every day. And yet... today around 9:30am (the time the internet told me was the exact time that the world would synchronously be experiencing the perfect balance between day and night) my husband and I watched two Golden Eagles circle gracefully in the sky directly above our heads. And I was reminded that there is still beauty, and there is still work to be done.

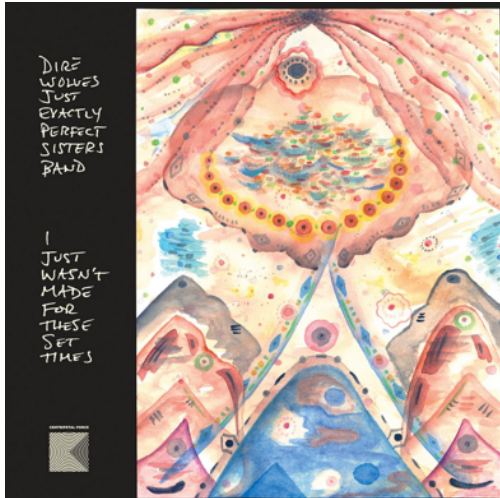
In 2017 I had a vision. It was fire season in California and the air tasted of ash. I was standing on a hillside watching a neon red sun bow to the horizon. As I stood, entranced by the surreal colors, and feeling the weight of their implications, a rush of new understanding entered me. Yes, this is "our" apocalypse, the Death of Western culture/colonial culture/patriarchal culture. We've reached the end, there is no escaping it's chaos. But it is not THE END. This time will be hard but we will rise and we will LOVE *like never before*. We will know each other and ourselves *like never before*.

We are in the midst of a Paradigm Shift and remarkably, possibly because of the internet, we are aware of it *like never before*. And so we have the chance to respond *like never before*.

Each of us has a part to play and now is the time to listen to that call, that pull from within that propels one to Act, to Speak, to Dare, to Love. Now is the time to let go of the ideas and attachments that create anxiety and ill-health, conflict and sadness. It's time to change. To do something different. As Arundhati Roy declared, 'the pandemic is a portal' but it's not just the pandemic, it's everything. All the things. The tectonic plates of our reality are shifting. Now is the time to surrender to the unknown and let your heart carry you, because only it knows the way through.

With Love,
Georgia

Recent Projects



Some nice words about my vocals on Dire Wolves' Spring 2020 release, *I Just Wasn't Made For These Set Times* on Centripetal Force Records.

"A mysterious mélange of vocal incantations that seem to meld with the wind... While Georgia Carbone might not put forth her woes in discernible language, the pain permeates the soul just as hard through her vocal exhumations." - Raven Sings the Blues



CRYER EP
Tongues Untie
April 2020

Improvised, A capella. Singing in Pure Cry, the intuitive-language technique I've developed, inspired by the theories of Michel Foucault.

The word-forms that I create are a way of communicating beyond the constraints of established language. It is not meant to be translated. The meaning is intended to be received through feeling and intuition.

The image on the cover is a self portrait I drew when I was 14.

Available now on Bandcamp. Listen & Download [HERE](#)

The Practice Manifesto

The Practice Manifesto

For all those out there that are trying new things & trying to stick with old things.

I wrote this manifesto during the 12th month of a year-long durational project.

Whatever it is you are practicing, stick with it and enjoy the ride.

Available now as digital download [HERE](#)





Poetry/PSA Buttons Continue

The "Red Button" debuted this past swing of the pendulum, which is nothing to be excited about. The Red Button, a symbol of emergency in popular culture, was released on June 1, 2020. Here's the write up:

We are in a State Of Emergency
American "law enforcement"
Is Murdering American Citizens
There is a Dire Global Climate Crisis
There is a Deadly Global Pandemic
There is an Unemployment Crisis
There is a Wealthy Power Elite
That Exploits All Of This
For Their Own Profit.

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ACTIVATE EMERGENCY PROTOCOL.

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Whatever that means for you, Where you are, Right Now.

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Throw your weight on the Scales of Justice.

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Spend your Time, your Actions, and your Breath, Wisely.

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Every Moment Counts.

If you'd like to wear a Red Button, they are available [HERE](#)

Writing

Writing has been my primary medium lately. I wrote a book last Winter that I've been shopping to publishers and I've begun to explore the microcosm of poetry. Hoping to be able to report some publications soon.

I've also written a couple current events articles for Medium. Links below

"Trump Dresses First Lady In Green Screen To Bait Critics And Sow Distraction" *Published August 28, 2020 on medium.com*

"America Now Has 4 Political Parties and It's A Mess" *Published August 26, 2020 on medium.com*

****If you subscribe to medium.com follow me [HERE](#)**

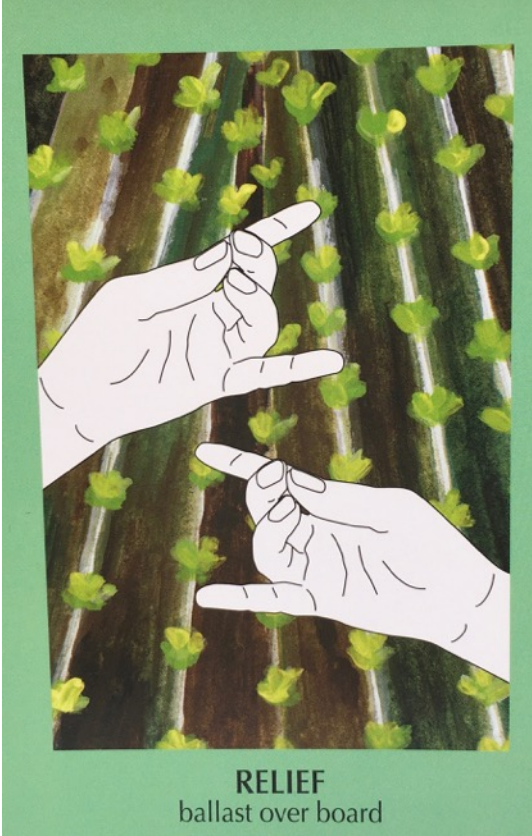
New Stuff



The Earth School Project is evolving. We are continuing to document our process on [Instagram](#) and have started making some products that will be available soon on georgiaelectra.com.

The first product we're releasing (probably this week) is Mullein Ear Oil, a natural herbal remedy for earaches. The oil is made in small batches, using organic olive oil and Mullein gathered from our land.

Coming Soon!



APAN MUDRA

With the help of this mudra you can get rid of toxins in your body and disentangle energetic blockages. It gets rid of worn-out, no longer appropriate patterns on the emotional and mental levels and resolves inner conflicts.

Write down everything which is still weighing down upon you from the past – old injuries, unresolved issues, etc. Or perhaps you just want to address a single problem. Write it all down and then burn the piece of paper. Pour water over the ashes and then empty the mixture out onto the ground. With this ritual you can release what has been a hindrance and burden to you to the earth and prepare the way for a 'lighter' future.

You are sitting on the ground in front of a freshly tilled field of fertile soil. Now you can sow or plant a new crop and look forward to a rich harvest.

I am ready to welcome a promising future.

41

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Take Care

Keep Breathing

Vote Early

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